



Thind Eye Hospital

A Comprehensive Superspeciality Eye Hospital



Patient ID	785488	Visit Date	16/Aug/2024
Patient Name	Miss. manpreet kaur	Age/Sex	28 Yrs / F
Patient Address	VPO HIMATPUR	Contact No.	9876513461

Present Complaints

For Refractive Surgery Opinion BOTH EYES.

Vision	Distance Vision		Near Vision		Method Name	IOP Time	Right Eye	Left Eye
	Right Eye	Left Eye	Right Eye	Left Eye				
With Glass	6/18	6/24			NCT	11:26	14	15

Diagnosis

MYOPIA [H52.1] in Right Eye

HIGH MYOPIA WITH ASTIGMATISM in Left Eye

Plan of Care :

FUNDUS *(Rating Doctor)*

Nutritional Advice : DRINK MILK, EAT VEGETABLE (RED, YELLOW, GREEN), FRUITS & PULSES.....IF NON-VEG EAT EGG, FISH AND LIVER

Rx

HYLOSOFT E/D [SODIUM HYALURONATE 0.1% + CMC+GLYCERIN+ERYTHRITOL]
four times in a day in both eyes

Advised Procedures

ICL , in Right Eye .

TICL , in Left Eye

Doctor's Advice :

ECC RE 2707, LE 2839

NEXT REVIEW : AS AND WHEN REQUIRED

Dr. J. S. Thind

Reg No. : 38389

Mob No. 9814061060

DR. J.S. THIND

M.D. (H.)

Reg No. 38389 (P.M.C.)

Dr Thind Eye Care Private Limited

Reg. Office & Main Hospital: 701 R, Mall Road, Model Town, Jalandhar, 144003

Branches: 584, Near Hotel Presidency, Model Colony, Hoshiarpur, Punjab 146001 - Saili Road, SCO-8, TMT Scheme, Pathankot, Punjab 14

Contact Number: 8741087510 | Website : thindeyehospital.org CIN - U86100PB2023PTC059722; GST - 03AAKCD3489R1ZX

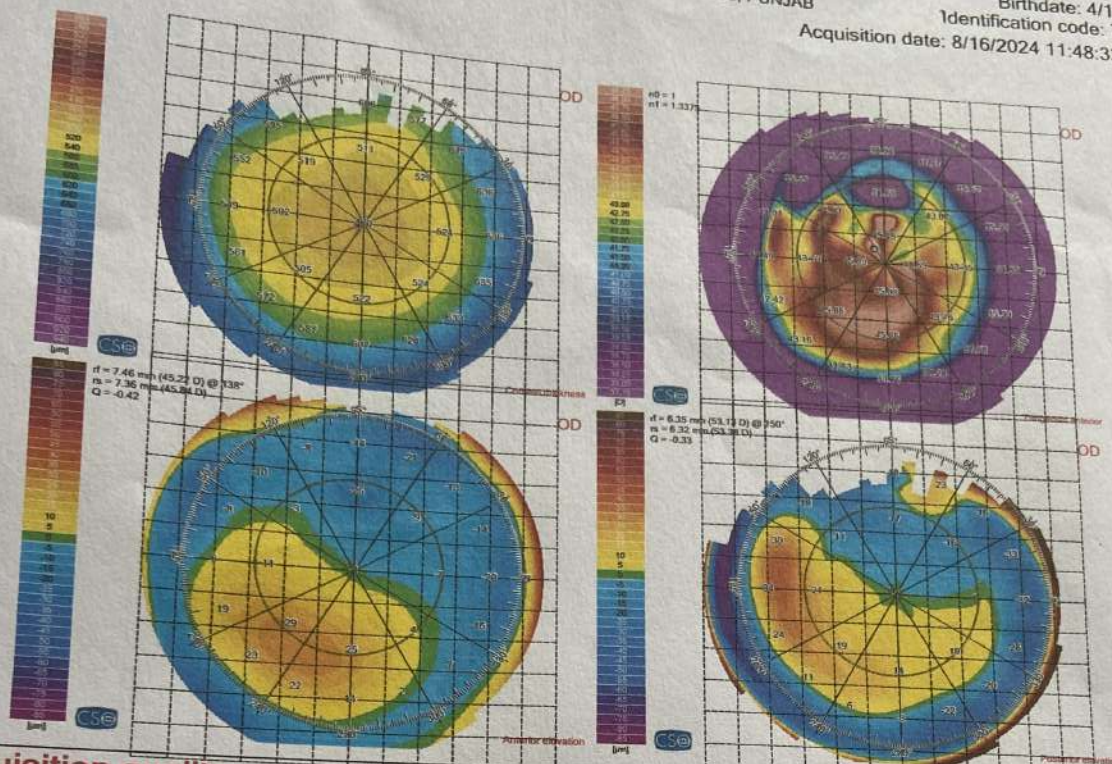
DR J S THIND
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 OPTOMETRIST
 THIND EYE HOSPITAL
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MODEL TOWN, JALANDHAR, INDIA, 144003, PUNJAB

KAUR, MANPREET - OD

Birthdate: 4/12/1996
 Identification code: 785488

Acquisition date: 8/16/2024 11:48:33 [#1-1]



Acquisition quality
 Coverage(SC.) = 97% Not edited(SC.) = 100%
 Coverage(P.) = 89% Centration(P.) = 87%

Summary Indices
 HVID = 12.20 mm
 ⊕ Pupil (Topographic)
 x = -0.12 mm, y = 0.08 mm
 Ø = 5.46 mm
 λ intercept: x = -0.33 mm, y = 0.22 mm
 ♦ Thinnest location
 x = -0.18 mm, y = -0.09 mm
 Thk = 469 μm
 ⊗ Apex
 x = -0.35 mm, y = 0.49 mm
 Curv = 47.99 D
 Anterior chamber
 CCT + AD =
 0.470 + 3.66 = 4.13 mm
 Volume = 222 mm³
 Iridocorneal angle = 49°
 HACD = 12.65 mm
 Lens rise = 0.11 mm
 Corneal volume (Ø=10mm)
 Volume = 51.3 mm³

K readings
 $n_0 = 1$
 $n_1 = 1.3375$

Sim-k	K1 = 44.34 D @ 18° K2 = 44.84 D @ 108° Avg = 44.59 D Cyl = -0.49 D Ax 18°
Anterior Ø=3mm	K1 = 44.12 D @ 46° K2 = 44.78 D @ 136° Avg = 44.45 D Cyl = -0.65 D Ax 46°
Anterior Ø=5mm	K1 = 44.28 D @ 37° K2 = 44.74 D @ 127° Avg = 44.51 D Cyl = -0.47 D Ax 37°
Anterior Ø=7mm	K1 = 44.22 D @ 53° K2 = 44.54 D @ 143° Avg = 44.38 D Cyl = -0.31 D Ax 53°

Refractive analysis
 Cyl = -0.07 D Ax 78°
 MPP = 44.21 D
 Q=4.0mm
 ▲ LSA = 1.80 D

Keratoconus screening
 ▲ Sif = 1.60 D
 ⊕ Kvf = 10 μm
 ▲ BCVf = 0.82 D @ 254°
 Slb = 0.19 D
 ♦ Kv b = 35 μm
 BCVb = 0.35 D @ 73°
 ▲ Thk = 469 μm
 Class:
 - Borderline - check parameters



THIND EYE HOSPITAL

An NABH Accredited Comprehensive Superspecialty Eye Hospital

TEH/DOC/0067/PB



Pre & Post Operative Instructions for Refractive Surgery

Name : Ms. Manjareet Kaur MRD No : 785488

Date & Time of Measurements : 16/8/24 Date of Surgery : _____ Type of Surgery : ICL/T-ICL

Reporting Time : 8:30 AM Operating Surgeon : Dr. J. S. Thind

Preoperative instructions Prior to refractive surgery

1. Ideally remove soft contact lenses at least one week prior to and semisoft contact lenses 2 weeks prior to lasik / Custom lasik / Intralase surgery or the day of measurements for ICL procedure Your Eye surgeon will decide the duration for removal of contact lens after studying your topography.
2. Do not use any facial cosmetics, after shaves, deodorants or perfumes and hair oil on the day of the surgery.
3. Wash your face with mild soap before coming for the procedure.
4. You can have your breakfast or lunch before coming for the procedure.
5. Please bring one attendant for the surgery. You will not be able to drive / ride vehicles immediately after the procedure.
6. Remove flowers, hair clips, ornaments, bindis etc., before entering into the laser room.
7. Patients with pace makers should not enter the Lasik centre Children are not permitted in the O.T. complex.
8. Please put off mobile phones & hand it over to your attendant before entering the Lasik centre.
9. Please report at the specified time.

General instructions for post operative patients after Refractive surgery

1. **Protective eye wear** : Please wear protective glasses continuously even while sleeping for first 48 hours. After 48 hours, the protective glasses are no longer required in a dust free environment (House/ Office). You will have to use the protective glasses during outdoor activities for a period of one week to protect your eye from physical injury.
2. **Preventive Eye Care**: Do not touch, rub or put any pressure on the operated eye for one week. Gentle wiping of the eye is allowed after one week.
3. **Washing the face** : Cleaning of the operated eye will be as per the instructions given by the doctor/ nurse. The rest of the face can be cleaned with a clean & wet cloth. Avoid putting / splashing water into the operated eye. This has to be followed for one week.
4. **Shaving** : Shaving is permitted.
5. **Bathing** : You can bath below neck from the first post operative day itself. But avoid soap & water into the eye.
6. **Use of facial cosmetics** : Avoid cosmetics to the eye such as mascara, eye liners etc for 15 days.
7. **Physical activity** : Activities such as walking, talking can be resumed immediately after surgery. TV viewing, reading, working on computer can be resumed from the first post operative day. However swimming, contact sports, etc. may have to be avoided until 4-6 weeks after surgery.
8. **Driving** : Driving four wheelers is allowed from the first postoperative day. If you wear a full face helmet & take care to prevent the dust from entering the eye, you may ride two wheelers from the first post operative day.
9. **Joining back duties** : You may join your duties as early as 24 hours after the surgery. But remember to blink your eyes normally (15-20) time in minutes
10. You may resume your sexual life 2-3 days after the surgery.
11. The following symptoms may be expected after the surgery. Some amount of redness, watering, foreign body sensation, sensitivity to light are common. The severity differs among individuals. These symptoms will subside within 4-6 hours.
12. If you have any worsening of the symptoms and specifically if there is increasing redness, pain or decreased vision (From the first post operative day) please report as emergency to Thind Eye Multi- Superspecialty Hospital. Emergency services are available round the clock. (Emergency No. +91 8872070002, +91 8872070003)
13. **Procedure for cleaning the eye:**
 - a) The operated eye needs to be cleaned at least twice a day from the second post operative day
 - b) The attendant performing this task should wash the hands with soap & water.

Right Eye	Left Eye
14	15

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